

## Shamanic Healing Sessions

These healing processes source from the Andes and the Amazon in Peru, they are beautiful ancient threads of healing skills from the Inkas times.

Below you find a short presentation of some of the healing skills I use in session work. Every session is unique depending on the person and the problem, and usually there is a combination of different healing tools used to remove the heavy and bring in new light that organizes energy in a life affirming way.

No preparation is needed for these sessions as we meet in the moment and together set the focus of what topic calls for transformation.

I am deeply grateful for how Shamanic session work has helped me heal and renew myself along my personal healing path, and how those healing ceremonies keeps us awake and aware of our true purpose in life.

Is this what you are longing for as well?

Please send an e-mail to [aiyana@shamanhealer.org](mailto:aiyana@shamanhealer.org) to book your session or we can schedule a short call to talk more about your needs and desires in what you want help with. One session is 90 min. and cost 1900 SEK incl. VAT.

Welcome to heal and change the story that keeps you stuck, unfulfilled, and hold you in negative repeating patterns that no longer serves you.

I look forward to assisting you!

*With light, Aiyana*



## Illumination

Illumination is a healing process that erases heavy imprints we carry in our luminous energy field so that more light can take its place. In illuminations we release energy around physical and emotional structures in the energy field, shifting information that holds negative patterns and behaviors in place. The illumination process brings healing at the source of your being. This work is sweet and powerful medicine, as you gracefully with focused intent free yourself from a wounded past story.

## Extraction

Is a healing tool that extracts toxic energies within the luminous body that blocks the flow of life within. These are created from strong negative emotions directed at you from others, or that you create yourself by constant negative thought patterns or from active karmic imprints. As soon as the luminous body is free from those kinds of heavy energies, the healing accelerates with a new sense of light in life.

## Soul Retrieval

Soul Retrieval is an ancient form of healing that happens in level of the soul. Soul loss is a spiritual illness caused by trauma that can result in emotional and physical disease. A typical sign that a soul retrieval is necessary is a feeling of emptiness inside, depression or an experience that you are looking at your life from the outside. In only one session of Soul Retrieval tremendous healing happens at the soul level as you experience a new sense of richness within, remembering what brings you passion and joy in life.

## Rites for life and death

In the eyes of Shaman death is a Rite of Passage, a ceremonial space to make closure. In this kind of session, you make closure with the many small deaths along the life journey, so that you can be fully available for something new in life.

## Shamanic Initiations

Weaved in with healing work, shamanic initiations can serve as doorways, teaching tools and an invitation to spiritually grow. They bring new potential to the clients healing journey and always involve a step up in personal power.