The Dreamer Mentorship
Learning the skills to consciously dream your reality.

Wake up and stay awake!
This is the essence of the visionary's power and clarity about life. It means that we practice our seeing with a spiritual awareness in every now. It requires training and knowledge of energy to be able to keep a focused and positive approach to the external world no matter what happens, especially when we are challenged in a situation or event.

It's all energy – thoughts, feelings, your language, and all the choices you make based on love or fear-driven behaviors, all of which shape the reality you live and set the tone for your dreams and perceptions of what is possible.

It is important to have power, energy knowledge and courage to be able to live and create positive dreams that benefit you and at the same time the greater whole. In shamanism, it is said that it is important to realize the ideas, visions and dreams that call for attention as each person is unique in their creation. No one can do it the same so what a loss if it doesn't happen. You are unique and the dreams live in you!

What is your dream right now? What do you long to realize in your world? Many times, we know but the first thing that comes to mind is the question of how?? Which can immediately block creativity. Instead, think that your why is more important to start with. Why do you want to manifest that and why is it important now?

What you learn in The Dreamer are processes and approaches to actively listening and seeing what calls you beyond the noise of everyday life. The great thing about this training is that it contains both spiritual magic and physical structure for visionary processes, which you can use further in life as a skill!

This Mentorship Program is a personal meeting place with me as a mentor on a journey of realization in yourself. Between our booked meetings, you have time to integrate what you have learned and prepare for the next session.

Here is short presentation of each Dreamer session.

1, We go through four ways to use seeing and the importance of "seeing life through the heart" You get to meet an idea or dream in yourself both in meditation and structure. Often limitations or fears come up when we talk about dreams, so there is also a shamanic healing session included in this meeting to dismantle negative energy.

2, You will learn breathing techniques to come into an energetic flow, and the importance of being in harmony with different time factors. We go through a creative mythical process that describes the different stages from idea/inspiration to manifestation.

3, A guided shamanic journey brings gifts physically, emotionally, mentally, and spiritually to your dream vision. Another healing session to what you are willing to give up/let go of to free up time and commitment to create something new.

4, Activate your 3 power centers, wisdom-love-action. Balance of masculine and feminine creativity energy with its gifts and challenges. A ceremony to step into the new thing you want to be a part of. Where are you now on your journey of realization?

5, How you live from your inner center where harmony, light and love are the focus of success and well-being, instead of in struggles and negativity that take apart your creative power. We talk about the sacredness of language and different types of affirmations to be active with the dreamer within you and the importance of keeping the dream in high awareness!

Dreamer Mentorship 12300 SEK incl. VAT for 5 sessions with handouts of ceremonies and processes that you can use further on your life's journey.

Space We personally meet once a week via Zoom or in Stockholm. Each session is 2 hours and has its theme as part of a wonderfully creative journey in shamanic wisdom, with a focus on how to become a conscious dreamer!

To book your Dream mentorship or if you have questions about content,
Welcome to call +46 733-39 23 19 or send an e-mail to aiyana@shamanhealer.org

I look forward to highlighting the Dreamer in you!
Aiyana

Envisioning in Machu Picchu.