



## Rising to Shaman Master Your advanced Medicine Wheel

Welcome to continue your studies in Shamanic Energy Medicine and deepening your healing and visionary journey with the master classes. This training is like an advanced Medicine Wheel for mesa carriers only, with shamanic teachings that takes you deeper and higher in the mystery teachings of the Andes.

It is a certification program; containing 4 classes a 5-days, to become an advanced practitioner in Shamanic Energy Medicine with Divination & Visionary Skills.

Below you find a presentation of the classes that builds upon each other to empower the journey of the sacred, your Medicine Wheel. Read and be inspired by their diverse content.

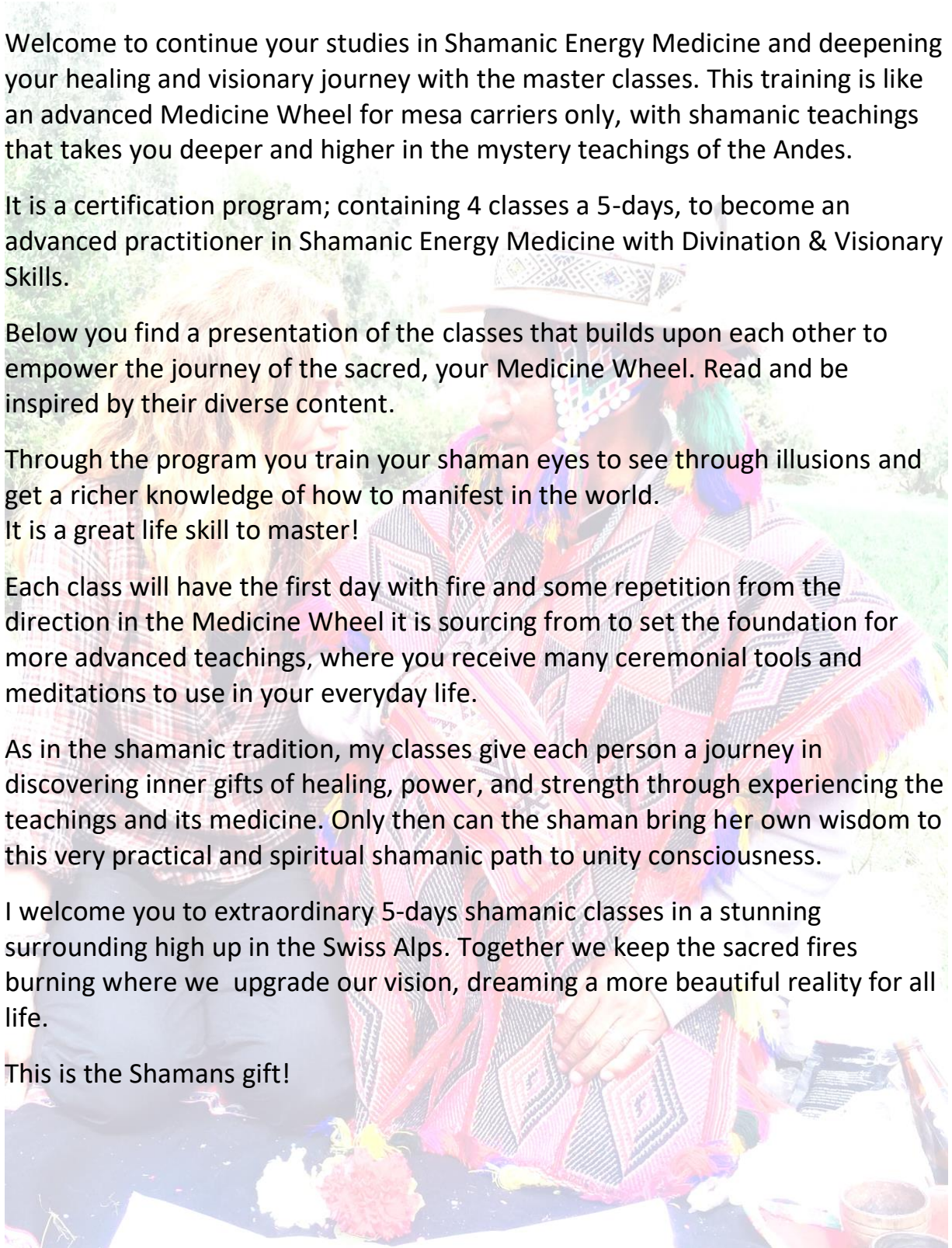
Through the program you train your shaman eyes to see through illusions and get a richer knowledge of how to manifest in the world. It is a great life skill to master!

Each class will have the first day with fire and some repetition from the direction in the Medicine Wheel it is sourcing from to set the foundation for more advanced teachings, where you receive many ceremonial tools and meditations to use in your everyday life.

As in the shamanic tradition, my classes give each person a journey in discovering inner gifts of healing, power, and strength through experiencing the teachings and its medicine. Only then can the shaman bring her own wisdom to this very practical and spiritual shamanic path to unity consciousness.

I welcome you to extraordinary 5-days shamanic classes in a stunning surrounding high up in the Swiss Alps. Together we keep the sacred fires burning where we upgrade our vision, dreaming a more beautiful reality for all life.

This is the Shamans gift!





## Shamans Altar – May 29<sup>th</sup> – June 2<sup>nd</sup> 2024

Welcome to this creative class where you learn the mystical teachings of the mesa to deepen your relationship with yourself, your medicine stones and with you as part of the Inka lineage of medicine people.

The mesa is your altar, a reflection of your inner power, your personal universe. It is a living embodiment and mirror of your shaman life journey on the medicine path. Through your Medicine Wheel training, the mesa organized itself as it should, without the push of power in it, but a shaman who learned to walk with power and healing can work through the mesa to create change in her own world as well as in the bigger dream outside the personal.

What happens if the mesa goes asleep and have lost its power? What happens in your life if the mesa is weak and leaks energy? How can you create new actions of healing and visions in it through ceremony?

This class takes you on an exciting archetypical journey with your altar of medicine stones and shows different maps and ways to consciously work in your mesa to create change.

## Luminous Warrior. September 11<sup>th</sup>-15<sup>th</sup> 2024

Walking in the world as a luminous warrior is about living in freedom, about making the dark conscious so that you can free the light that is being held in the unconscious. We are all both light and dark, but if we neglect our dark side, push it down or simply pretend that it does not exist, it becomes a shadow within us and we are hopelessly stuck in negative projections upon life. We get stuck in limitations and behaviors that block our inner light to powerfully shine.

This class is a deep dive into Jaguar medicine that is all about having power in the present, about living in balance without the need of creating conflicts or enemies. You work with your inner warrior and practice a lot of different tracking skills to see through illusions of separation and fear. You work with mirrors in your outer world where you get stuck in weakness, you learn how to solve conflicts through ceremonies and rituals instead of being caught in drama, you get knowledge of how the shadows work and how you create protection in yourself, in your home or at your place of work. This class holds so much luminous teachings! What you practice here becomes a valuable life skill that contributes to a much more conscious, peaceful, and bright world.



## Date with Destiny. November 20-24<sup>th</sup> 2024

According to Inka mythology we are born with 2 books, one silver and one golden. The silver is the book of karma already written in the stars, a book you work and heal through the journey of the Medicine Wheel. The golden book is of Destiny, a book you are here to write yourself along the river of life. Destiny never comes knocking on your door asking you to follow, you must courageously choose it and meet it in the moment. This is what this class prepares you for, answering the call of your soul and step up to live in yes!

You learn how to track along your timelines into the future and download new potential in the now. The work is sweet like the golden nectar of its power animal hummingbird. The class also includes ceremonies and wisdom around archetypal patterns and how we get out of the shadow sides that block your life energy. We sit by three altars with the gatekeepers of the three worlds to deepen spiritual connection, receiving gifts and strengthen our relationship to them. The class teaches and offer you the two highest initiations in Andean shamanism to boost the journey with Destiny that calls you.

## The Dreamer. March 12-16<sup>th</sup> 2025

To be a powerful seer we need to be fully present in the moment, awake, clear and able to step out the collective momentum of the world. It is important that we not only continue to explore and change how we see limiting stories, but we must take the next step and put our intent and visioning into "seeing" what we want for ourselves and the world.

Those are the skills you practice in this visionary class. It is about flying on the winds of the East and work in the upper world of dreams and infinite possibilities.

You will learn to work with your intention as a source and navigate the energetic sphere of your dreams through the mythical dimension of life. We practice symbolic vision and harmonize language as a creative principle to create from vision to manifestation. The journey with the condor is about seeing with the heart and being in the loving presence of power and light.

Welcome to learn the great skills of the Dreamer! In class you focus on one dream through the different ceremonies and teachings you can continue to use for all dreams ahead!



## Logistics and registration information (all prices in Swiss franc)

**Course Price** CHF 3200 - This is a discounted price of CHF 600 when paying in full upon registration. Or pay 950 CHF per class. The first class is paid at the time of registration and the others 1 month before the class starts. Cash on site is also ok. Teachings will be in English with translation to French if needed.

Written material on processes and ceremonies in English and French + a recorded meditation in English for each masterclass are included in the price.

**Dates** See above in the presentation of each master class.

**Time** First day we start at 3 pm and last day we close our circle at 12.00.

**Location** Hotel Balance, Les Granges in Switzerland. [www.hotel-balance.ch](http://www.hotel-balance.ch)

Welcome to a friendly, pleasant and benevolent atmosphere at Hotel Balance. Cost for room and 100 % organic vegetarian food in this beautiful hotel in the magnificent Alps are as below.

Fr.. 792,-- Single room with shower/WC

Fr. 712,-- Single room with shower/WC on the floor

Fr. 696,-- Double room with shower/WC

Fr. 992,-- Double room with shower/WC for single use

Fr. 608,-- Double room with shower/WC on the floor or 3/4 room shower/WC

Fr. 658,-- Double room with shower/WC on the floor for single use

### Included in this price

\*Free pick-up service from Les Marecottes train station (please call in advance for arrival time)

\*Parking spaces.

\*Caféteria - available to participants all day (home-made teas, fresh herbs in summer, coffee, beautiful, bright place to BE and ENJOY)

\*Library - books to browse through, the room that had the same charm 120 years ago, now with wi-fi.

\*Large garden with natural swimming pond, deckchairs, herb garden, large trampoline, sunbathing area.

Fr. 2,50 tourist tax per night/person additional/tourist tax of 2,50 per day is not included.



For booking your preference of room, contact Ricky at [info@hotel-balance.ch](mailto:info@hotel-balance.ch)

Please note that room and food are not included in the course price.

For booking your space in the Shaman Master Program, please send an e-mail to [aiyana@shamanhealer.org](mailto:aiyana@shamanhealer.org) or call +46 733 39 23 19.

If you have any questions on the classes, just let me know.

We begin our days with morning meditation at 7:30. Then a lovely breakfast buffet before class that starts 9:15 with shamanic teachings of the day. Break for lunch and for coffee/tea in the afternoon. We end class before dinner at 18:30 so you have a free evening to relax and enjoy the facilities at Hotel Balance and its surroundings.

I am so looking forward to meeting with you again and share advanced Andean mystical teachings to serve the Spiritual Warrior, the Shaman and the Dreamer in you!

With Love  
Aiyana

