

# Soul Healing Mentorship

Healing your inner word changes your outer expression & experience of life!

Soul healing is for you who want to create change in life and heal wounded stories deeply in your soul. A series of 5 sessions of 90 min. each, that weaves together healing ceremonies with visionary processes to strengthen self-esteem and trust in the inner compass of wisdom and dreams that live within you.

As important as the power of the present is your vision/direction of where you are going. Being free of past negative stories, what new lifegiving story would you like to live? What is the dream of your soul?

When healing your life at the level of energy, you renew power, passion, and a sense of having more access to your entire creative energy.

Here is a short presentation of these 5 sessions that will take you on a beautiful healing journey that creates a new pathway of possibilities in your life!

- 1 What story are you living? What's in your past that blocks your life's energy? We work in Shamanic Healing with shifting negative dynamics and replenishing the aura with new light that strengthens the immune system and opens the heart. Here you'll also be offered a ceremony where bands of power and protection are woven into your luminous body. A natural filter of life's 5 elements that transform heavy energy into light.
- 2 A next step of healing ceremony with what comes up in your life river. You will learn and practice a powerful shamanic tool that we call "Tracking". To train your inner spiritual eyes to see through illusions of fear and limitations to seeing wisdom and opportunities. You are offered a shamanic initiation that opens the eyes of the heart and puts it in relationship with your intuition and ability to see into the world of energy.
- 3 This session focuses on soul healing, on developing symbolic gifts within you, on power animals that help to awaken instincts and other medicine gifts for your soul to use in your everyday life. Soul Retrieval work heal deep inner wounds. In only one session an issue can heal that can take many years of process in therapy. The beauty of these sessions is that healing takes place in a new sense of wholeness beyond intellect, thought and strategy. We enter the ceremony where the light of the soul shines brightly.

- 4 What stops you in living your dream? What are the obstacles in your mind? What needs to be done for you to come in right relationship with inner and outer reality? Shamanic medicine works in harmonizing the inner world with external manifestation so that creativity and creation have full life.
- 5 We weave together all the different healing sessions into a powerful dream journey. You'll learn four ceremonial steps in how to manifest from idea/inspiration to reality. Through these healing rooms, your energy has shifted and is now filled with new life-giving power!

**Program fee** 10500 SEK incl VAT for 5 beautiful healing sessions a 90 min. with handouts of ceremonies from each meeting to use on your life journey.

**Place** We meet in Stockholm at the center, [Värmdö Hälsa och skönhet](#), or in person on Zoom preferably once a week or every 2<sup>nd</sup> week to build momentum in your healing shifts with new possibilities ahead.

**To book** Email [aiyana@shamanhealer.org](mailto:aiyana@shamanhealer.org) or call +46 733 392319 and we schedule your session times. Or contact me if you have any questions and we book a phone meeting to talk more.

Welcome to let your soul blossom!

Aiyana

