



## Shamanic Dreaming Aug 9-11<sup>th</sup> in the Swiss Alps

Uplift your spirit to empower your dreams!

Welcome to a heart-opening retreat to experience shamanic ceremonies as a powerful way to nourish your soul and dreams, while learning the skills and tools of the shaman visionary!

Shaman dances between worlds of energy and matter since all elements of life have a spiritual aspect and a material one. In this conscious dance all manner of miracles and manifestations are possible.

Through shamanic teachings, meditations, and healing ceremonies, you heal the negative that stops you from stepping forward towards living your dream. In this sacred process you open and/or develop your visionary eyes with what has heart and meaning for you.

In our time together you learn how to use a creative mythic process with clear steps from idea/dream/vision to manifestation, working with intention, symbolic vision, and positive language to support your dream journey.

**Why is this class important?** Dreams and visions are energetic forms which follows thoughts, feelings, and beliefs around whatever reality you hold true. This class weaves consciousness and visionary skills together for clarity in how to direct energy and give attention to what you wish to manifest.

**Who is this class for?** It is for you who want to develop spiritually and experience more magic in your life. You can be new to shamanic practices or being an advanced student, teachings and ceremonies meet you where you are in life now.

**What do you learn?**

- \* Different types of seeing the world.
- \* A mythic creative process from idea to manifestation.
- \* Creative visualization.
- \* Communication with your inner guidance.
- \* Experience the art of silence as a source of power.
- \* Shamanic journeying and guided meditations.

Teachings will be in English with translation to French.



## Words from your Teacher

I have a great dream and a soul mission to contribute to a more conscious and peaceful world, a world where our spiritual and physical dimension go hand in hand and in balance with the wisdom of nature.

That's why I work with spiritual development and education in shamanic energy medicine that I know makes an amazing difference personally and globally.

I welcome you to this beautiful weekend in the topic of Shamanic dreaming. What I love about this class is that it gives practical tips on how to work in energy with creative visualization and knowledge on how to bring visions into manifestation. Teachings you can continue to use for your dreams of life!

As important as your visionary skills, is your loving roots and divine purpose on Mother Earth. Again, welcome to shamanic teachings and ceremonies to explore your inner resources, finding what really matters to your soul.

We begin our days with morning meditation at 7:30. Then a lovely breakfast buffe before class that starts 9:15 with shamanic teachings of the day. Break for lunch and for coffee/tea in in the afternoon. We end class before dinner at 19:00 so you have relaxed time to enjoy Hotel Beau-Site and connect with like-minded people.

I look forward to meeting you and share this visionary weekend together.

With Love

Aiyana

## Logistics and registration information

**Class fee** CHF 498 + your choice of accommodation at Hotel Beau. Bank details for payment of the class fee is received upon registration. In addition to visionary teachings and meditations in shamanic healing wisdom, written material on processes and ceremonies to use further in life is included.

**Dates** August 9-11<sup>th</sup> 2024.

**Time** First day we start at 5 pm and last day we close our circle at 4 pm.

**Location** Hôtel Beau-Site à Chemin, Martigny. Switzerland.

<https://www.chemin.ch/>

Prices for full board with 100% plant-based and made with organic, seasonal, and as local products as possible.

CHF 278.- per person in a 3 or 4-bed multiple room (+ taxes of CHF 2.00/night)

CHF 327.- per person in a double room (+ tourist taxes of CHF 2.- /night)

CHF 406.- per person in a single room (+ tourist axes of CHF 2.- /night)

Full board includes overnight stay, breakfast, lunch, dinner, tea/tea/coffee buffet and unlimited fruit during the day. Rooms are payed cash upon arrival.

**For bookings of rooms and French speaking** please contact Marlene Galletti, assistant and translator for the classes in Switzerland.

[marlene.galletti@bluewin.ch](mailto:marlene.galletti@bluewin.ch) +41 79 771 41 03

**For booking and questions on the retreat** please send an e-mail to

[aiyana@shamanhealer.org](mailto:aiyana@shamanhealer.org) or call +46 733 39 23 19.

When you have registered for the class, you will receive information on how to prepare and what to bring with you, so that this weekend can give you as much as possible!

According to the mythology of the Inka, you are here to consciously dream but also to respond to the bigger dream that the universe holds for you.

Welcome to listen in the sacred space of Shaman 